

Curriculum Vita of

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PERSONAL INFORMATION

Date of Birth	May 29, 1946
Nationality	Pakistani
Sex	Female
Marital Status	Married
Children	Two

EDUCATION

The Johns Hopkins University Baltimore (School of Hygiene and Public Health) Maryland, USA	Sc.D. Demography and Public Health 1974
Punjab University Pakistan	M.A Sociology, First Class (Gold Medallist) 1967
Punjab University Pakistan	B.A Political Science and English Literature First Division 1965

Doctoral Thesis, The Johns Hopkins University, School of Hygiene and Public Health, Baltimore, Maryland, U.S.A.: entitled, "Interspousal Communication and Agreement as Variables in the Study of Family planning".

Master's Thesis, University of the Punjab, Lahore, Pakistan: entitled, "Traditionalism among the Residents of Village Umarabad, District Lahore, Pakistan".

WORK EXPERIENCE

December 2018-present	Professor Lahore School of Economics Graduate Institute of Development Studies Lahore, Pakistan
June 1999 to August 2018	Professor Department of Community Medicine Faculty of Medicine, Kuwait University
March 2012 - present	Scientific Co-Director Gulf Labour Markets and Migration (GLMM) Programme A joint program of the Gulf Research Center Foundation (GRCF, Geneva) and the Migration Policy Centre (MPC) at the European University Institute (EUI, Florence)
November 2003 to January, 2006	Chairperson Department of Community Medicine Faculty of Medicine, Kuwait University
January-August, 2002	Visiting Scholar (on sabbatical leave until August) The Johns Hopkins Bloomberg School of Public Health, Baltimore, MD, USA
July 1994 to June 1999	Associate Professor, Kuwait University
September 1988 to July, 1994	Assistant Professor, Kuwait University
March-July 1991	Director General Family Planning Association of Pakistan
September 1990 to March 1991	Resident Advisor USAID: Advisor to National Institute of Population Studies (NIPS), Islamabad, Pakistan.
January 1984 to September 1988	Consultant Department of Planning and Follow-up (and Health Research Department), Ministry of Public Health, Kuwait.
July 1978 to December 1983	Fellow East West Population Institute, Honolulu, Hawaii, U.S.A
April 1976 to June 1978	Senior Research Demographer Pakistan Institute of Development Economics (PIDE), Islamabad, Pakistan.
October 1974 to April 1976	Research Demographer Pakistan Institute of Development Economics, Islamabad

September 1969 to August 1970	Teaching Assistant, Department of Sociology, University of Saskatchewan, Saskatoon Canada.
December 1967 to August 1969	Research Officer, West Pakistan research and Evaluation Centre, Lahore, Pakistan.

MAJOR AREAS OF RESEARCH FOCUS

1. International Migration from Pakistan
2. Labour migration to the Middle East, especially from South and Southeast Asia (see publications; books on Asian Labor Migration; and “Skillful Survivals: Irregular Migration in the Gulf” Gulf Research Center, Cambridge University)
3. Psychosocial health, disability and networks of social support among older persons (see publications).
4. Determinants of fertility and mortality levels and trends. The influence of sociocultural factors like female education, female labor force participation and family type on fertility, mortality, and family planning (see publications).
5. Analysis of the role and status of women in Pakistan and various other developing countries within Asia and the Pacific (see publications for two books I have published on the topic).
6. Analysis of data collected in the Survey of Basic Needs, Low Income Families in Lahore (see book on Basic Needs).
7. Methodological studies of the reliability and validity of various demographic surveys (see publications).
8. Trends, patterns and correlates of contraceptive adoption in the role of various communication media in the adoption of family planning and decline of fertility (see publications).
9. Health system and health status in Kuwait and accessibility to health care, including utilization of the emergency room (see publications).
10. Labour force participation and job satisfaction (see publications)
11. Population dynamics in the State of Kuwait (see publications)

PUBLICATIONS

A. BOOKS, REPORTS, AND LECTURES NOTES

A1) Books

1. Francoise De Bel-Air and Nasra M. Shah (Forthcoming) Book entitled “The Future of Migration to GCC countries: Migrants’ Aspirations, Labor Reforms and Politics”, Edited by Francoise De Bel-Air and Nasra M. Shah, 2025. Under publication by Springer as part of its South-South series on migration.
2. Nasra M. Shah (Ed) “Social Remittances and Social Change: Focus on Asia and Middle East” (March 2024). Lahore School of Economics” Lahore, Pakistan
3. **Nasra M. Shah** (Ed.) “Covid-19 and Migration Impacts in Asia” (November 2021). Lahore School of Economics, Lahore, Pakistan.
4. Philippe Fargues and **Nasra M. Shah** (Eds) (2018). “Migration to the Gulf: Policies in Sending and Receiving Countries”, Gulf Research Center, Cambridge University, 2018 (ISBN Digital version 978-1-909864-22-1; eBook-PDF)
5. Philippe Fargues and **Nasra M. Shah** (Eds.) (2017). “Skillful Survivals: Irregular Migration in the Gulf Gulf Research Center, Cambridge University, 2017. (ISBN Digital version 978-1-909864-18-4; eBook-PDF)
6. **Nasra M. Shah.** (2010). Population of Kuwait: Structure and Dynamics. Kuwait. University Academic Publication Council, Kuwait University.
7. Ahmad Naeem, Makhdoom A. Shah, **Nasra M. Shah** and Ramsis A. Gomaa. (1986) Health in Kuwait. Kuwait: Ministry of Public Health.
8. **Nasra M. Shah** (ed.) (1986). Pakistani Women: A Socioeconomic and Demographic profile, Islamabad and Honolulu: Pakistan Institute of Development Economics and East-west Centre (USA).
9. Fred Arnold and **Nasra M. Shah** (eds.) (1986). Asian Labor Migration: Pipeline to the Middle East. Westview press, Colorado, U.S.A.
10. **Nasra M. Shah** and Muhammad Anwar. (1986). Basic Needs, Women and Development: A survey of squatters in Lahore, Pakistan, East-West Centre and International Development Research Centre, Honolulu, U.S.A.
11. **Nasra M. Shah.** (1985). Women of the World: Asia and the Pacific. Prepared for U.S. Bureau of the Census as part of the Women in Development Series, Washington D.C.

12. Attiya Inayatullah, **Nasra M. Shah** and Makhdoom A. Shah. (1982). Child Need Study, Pakistan, 1979, Family Planning Association of Pakistan.
13. Makhdoom A. Shah, S.S Hoda and **Nasra M. Shah**. (1978). Manpower and Employment Planning: Process and Statistics - A Monograph, Pakistan Manpower Institute, March 1978.

A2) Reports

1. **Nasra M. Shah**, Rashid Amjad, Almazia Shahzad and Samar Quddus, (2020, 2022, 2023) Pakistan Migration Report, Center on International Migration, Remittances and Diaspora, Lahore School of Economics, Pakistan.
2. **Nasra M. Shah** and Musa'ad Al-Omair. (1988). The Population Dynamics of the state of Kuwait. Prepared for the Arab League, Tunis. (Draft)
3. **Nasra M. Shah** and Makhdoom A. Shah (1987). The Kuwait Health Survey: First report (Draft report submitted to the Higher Committee for the Kuwait Health Survey, January 1987).

A3) Lectures Notes

1. **Nasra M. Shah** (2017). Lecture Notes on Medical Demography. Kuwait University. 9th edition. (Prepared for 2nd and 3rd year medical students). Earlier editions were prepared in 1988, 1992, 1995, 2000, 2004, 2008, 2011 and 2014.

B. PUBLISHED RESEARCH

B1) Journal Articles

1. **Nasra M. Shah** and Samar Quddus (2025). "Male migration, women's decision-making autonomy and reproductive health-care utilization in Pakistan" International Journal of Migration, Health and Social Care DOI [10.1108/IJMHS-04-2024-0044](https://doi.org/10.1108/IJMHS-04-2024-0044)
2. **Nasra M. Shah** and Lubna Alkazi (2022). "COVID-19 and threats to irregular migrants in Kuwait and the Gulf". International Migration. February 2022 DOI: 10.1111/imig.12992
3. Lubna Al-Kazi, **Nasra M. Shah**, and Abrar Hussain (2021) "Recent Fertility Change & Differentials among Kuwaitis: Some Implications for Future Migration". Journal of Gulf and Arabian Peninsula Studies, No. 183, 13-36
4. **Nasra M. Shah** (2017). "Dangers of Using Aggregated Data for Understanding Socio-Demographic Realities of the Gulf Region," Explanatory Note No. 01/2017, Gulf Labour

Market and Migration (GLMM) programme of the Migration Policy Center (MPC) and the Gulf Research Center(GRC), [http:// gulfmigration.eu](http://gulfmigration.eu)

5. Al-Kandari, S., Alsalem, A., Abohaimed, S., Al-Orf , F., Al-Zoubi, M., Al-Sabah, R Shah, N. (2017), “Social Support and Coping Strategies of Mothers of Children Suffering from ASD in Kuwait”. *Journal of Autism and Developmental Disorders* (2017) 47(10): 3311-3319.
6. **Nasra M. Shah** (2016). “Kuwait is home: perceptions of happiness and belonging among second plus generation non-citizens in Kuwait”, *Asian Population Studies*, DOI: 10.1080/17441730.2016.1266779
7. **Nasra M. Shah** (2015-16). “Outlook on migration in the Gulf in 2016”, *Migration Policy Practice*, IOM, Vol. V, Number 5, December 2015-January 2016
8. Fargues P., F. De Bel-Air, **N. M. Shah**, Addressing Irregular Migration in the Gulf States, GLMM Policy Brief - No. 1/2015, 6 p.
<http://gulfmigration.eu/media/pubs/briefs/GLMM%20Policy%20Brief%20-%20No.%201%20-%202015%20-%20Gulf%20Irregular%20Migration%20-%20Final.pdf>
9. **Nasra M. Shah** (2014). “Second generation high school students in Kuwait: Aspirations and future plans, Migration and Development, DOI: 10.1080/21632324.2014.962809
10. **Nasra M. Shah**, Lukman Thalib & Abdulaziz Al-Ateeqi (2014): Mortality differences according to marital status among men and women in Kuwait, *Asian Population Studies*, DOI: 10.1080/17441730.2014.942944
11. **Nasra M. Shah** (2014). “Recent Amnesty Programmes for Irregular Migrants in Kuwait and Saudi Arabia: Some Successes and Failures,” Explanatory Note No. 9/2014, Gulf Labour Markets and Migration (GLMM) Programme of the Migration Policy Center (MPC) and the Gulf Research Center (GRC), [http:// gulfmigration.eu](http://gulfmigration.eu)
12. **Nasra M. Shah** (2014). “Data Discrepancies between the Census and Civil Registration Systems in Kuwait: Reasons, Implications and Solutions,” Explanatory Note No. 2/2014, Gulf Labour Markets and Migration (GLMM) Programme of the Migration Policy Center (MPC) and the Gulf Research Center (GRC), [http:// gulfmigration.eu](http://gulfmigration.eu)
13. **Nasra M. Shah** (2013) “Second generation non-nationals in Kuwait: Achievements, aspirations and plans”, Paper number 32 published by the London School of Economics and Political Science under the Kuwait Programme on Development, Governance, and Globalisation in the Gulf States.
14. **Nasra M. Shah** (2013). “Labour Migration from Asian to GCC Countries: Trends, Patterns and Policies”. Middle East Law and Governance 5 (2013) 36–70

15. **Nasra M. Shah** (2012). "Socio-demographic transitions among nationals of GCC countries: Implications for migration and labour force trends, Migration and Development, 1:1, 138-148
16. Hanan E. Badr, **Nasra M. Shah**, and Makhdoom A. Shah (2012). "Obesity among Kuwaitis aged 50 years or older: Prevalence, correlates and comorbidities". The Gerontologist. On-line version, doi 10.1093/geront/gns.108
17. Marwan Yousef, Abdullah Behbehani, Abdullah Al-Mousawi, Ali Mulla-Juma'a, Husain Sadeq and **Nasra M. Shah** (2012). "Sports Injuries among Professional Male Athletes in Kuwait: Prevalence and Associated Factors". Medical Principles and Practice, 21: 171-177
18. **Nasra M. Shah** and Philippe Fargues (2011). "Introduction" to Special Issue of Asian and Pacific Migration Journal on Migration in the Gulf States: Issues and Prospects (edited by Nasra M. Shah and Philippe Fargues), 20 (3-4):267-272
19. **Nasra M. Shah** (2011). "Kuwait's Revised Labour Laws: Implications for National and Foreign Workers". Asian and Pacific Migration Journal, 20 (3-4):339-364
20. **Nasra M. Shah**, Hanan E. Badr and Makhdoom A. Shah (2011). "Foreign live-in domestic workers as caretakers of older Kuwaiti men and women: Socioeconomic and health correlates". Ageing and Society, on-line version; doi 10.1017/S0144686X11000778
21. **Nasra M. Shah**, Hanan E. Badr, Kathryn Yount, and Makhdoom A. Shah (2011). "Decline in co-residence of parents and children among older Kuwaiti men and women: what are the significant correlates?" Journal of Cross Cultural Gerontology, 26:157-174
22. **Nasra M. Shah**, Hanan E. Badr and Makhdoom A. Shah (2011). "The Role of Socio-demographic Factors and Chronic Illness in Functional Disability of Older Kuwaitis". Journal of Applied Gerontology, 30 (5):607-628
23. **Nasra M. Shah**, Jaafar Behbehani, Makhdoom A. Shah. (2010). "Prevalence and correlates of major chronic illnesses among older Kuwaiti nationals in two governorates". Medical Principles and Practice. 19: 105-112
24. **Nasra M. Shah** and Shah, M. A. (1992). Excessive utilization of hospital emergency services in pre-occupation Kuwait: trends and differentials. Medical Principles and Practice. 3(3), 131-140.
25. **Nasra M. Shah** (2008). Recent labor immigration policies in the oil-rich gulf: How effective are they likely to be? ILO Asian Regional Programme on Governance of Labour Migration, Working Paper No. 3.

26. Jaafar Behbehani, **Nasra M. Shah**, Hanan E. Badr and Makhdoom A. Shah. (2010). "The more the merrier": Co-residence and self-reported depressive symptoms among older Kuwaiti men and women". Middle East Journal of Age and Ageing, Volume 7, number 2
27. Nasra M. Shah, Makhdoom A. Shah, Rafiqul Islam Chowdhury and Indu Menon. (2007). Reasons and correlates of contraceptive discontinuation in Kuwait. The European Journal of Contraception and Reproductive Health Care. 12(3): 260-268
28. Nasra M. Shah, Constance A. Nathanson (2004). Parental perceptions of costs and benefits of children as correlates of fertility in Kuwait. Journal of Biosocial Science. 36(6):663-682
29. **Nasra M. Shah** (2004). Gender and labor migration to the gulf countries. Feminist Review, 77:183-185
30. Makhdoom A. Shah, **Nasra M. Shah**, Rafiqul Islam Chowdhury and Indu Menon (2004) Unmet need for contraception in Kuwait: Issues for health care providers. Social Science and Medicine., 59(8):1573-80
31. Nasra M. Shah (2004) Women's socioeconomic characteristics and marital patterns in a rapidly developing Muslim society, Kuwait, Journal of Comparative Family Studies., March: 163-183
32. Makhdoom A. Shah, **Nasra M. Shah**, Indu Menon (2003). Unmet need for contraception in a developing country without a family planning program, Kuwait. Special communication, International Journal of Gynecology and Obstetrics, 83(3):335-338
33. Makhdoom A. Shah, **Nasra M. Shah**, (2003) Rafiqul Islam Chowdhury and Indu Menon). "A Profile of Contraceptive Non-use in Kuwait: Implications for Health and Health Care", European Journal of Contraception Reproductive Health Care. 8: 99-108
34. **Nasra M. Shah**, Kathryn M. Yount, Makhdoom A. Shah, Indu Menon (2002). "Living arrangements of older women and men in Kuwait". Journal of Cross Cultural Gerontology. 17 (4): 337-355
35. **Nasra M. Shah**, Makhdoom A. Shah, Rafiqul Islam Chowdhury and Indu Menon (2002). "Foreign domestic workers in Kuwait: Who employs how many". Asian and Pacific Migration Journal, 11 (2): 247-269
36. Jawad M. Behbehani and **Nasra M. Shah** (2002). "Oral health in Kuwait before the Gulf war". Medical Principles and Practice, Vol. 11, Suppl. 1: 36-43
37. Makhdoom A. Shah, **Nasra M. Shah**, Eqbal Rahmani, Jaafar Behbehani, Zoran Radovanovic (2001). "Over-the-counter use of oral contraceptives in Kuwait". International Journal of Gynecology and Obstetrics, 73: 243-251

38. Makhdoom A Shah, Al-Enezi, Chowdhury, RI and **Nasra M Shah** (2001). "Correlates of Job satisfaction among health care professionals in Kuwait". Medical Principles and Practice, 10:156-162
39. **Nasra M Shah, Makhdoom A Shah**, E. Al- Rahmani (2001). "Contraceptive use among Kuwaitis, 1984-1999". International Journal of Gynecology and Obstetrics, 73:173-175
40. Makhdoom A Shah, Al-Enezi, Chowdhury, RI and **Nasra M Shah** (2001). "Determinants of Job satisfaction among selected care providers in Kuwait". Journal of Allied Health, Summer 30(2): 68-74
41. **Nasra M. Shah**, Makhdoom A Shah, Eqbal Rahmani, Jaafar Behbehani, Zoran Radovanovic and Indu Menon (2001). "Trends, patterns and correlates of contraceptive use among Kuwaitis, 1984-1999". Medical Principles and Practice, 10: 34-40
42. Alia H. G. Aaskar, Muneera Ben Nakhi, Khadejah Al- Rashid, Bashayar AM Al-Musabbahie, **Nasra M. Shah** (2000). "Physicians' attitude towards euthanasia in Kuwait". Medical Principles and Practice 9:268-281
43. **Nasra M. Shah**, Abdul A. Khalaf, Mustafa Mohammad Mustafa, Ali Al-Sayed (2000). "Descriptive epidemiology of perinatal mortality among major nationality groups in Kuwait". Kuwait Medical Journal. 32 (2):140-144
44. **Nasra M. Shah**, Makhdoom A. Shah, Abdul Aziz Khalaf, Mustafa M. Mustafa, Ali Al-Sayed, (2000). "Searching for socioeconomic risk factors in perinatal mortality in Kuwait: a case-control study". Social Science and Medicine. 51 (4): 539-550.
45. **Nasra M. Shah**, (2000). "Relative success of male workers in host country, Kuwait: Does the channel of migration matter?" International Migration Review. 34 (1): 59-78.
46. **Nasra M. Shah**, Makhdoom A. Shah, and Zoran Radovanovic. (1999). "Social class and morbidity differences among Kuwaiti children". Journal of Health and Population in Developing Countries. 2 (1): 58-69.
47. Zoran Radovanovic, **Nasra M. Shah** and Jaafar Behbehani, (1999). "Prevalence of smoking among currently married Kuwaiti males and females". European Journal of Epidemiology. 15:349-354.
48. Zoran Radovanovic, **Nasra M. Shah**, Jaafar Behbehani, (1999). "Prevalence and social correlates of consanguinity in Kuwait". Annals of Saudi Medicine. 19 (3): 206-210
49. **Nasra M. Shah** and Indu Menon. (1999). "Chain migration through the social network: the experience of labor migrants in Kuwait". International Migration. 37 (2): 361-382.

50. Fatma S. Qasem, Ahlam A. Mustafa, Nafeesa A. Kazem, and **Nasra M. Shah** (1998). "Attitudes of Kuwaiti parents towards physical punishments of children". Child Abuse and Neglect. Vol. 22, No. 12: 1189-1202
51. **Nasra M. Shah**, Makhdoom A. Shah, and Zoran Radovanovic. (1998). "Towards defining socioeconomic and demographic inequalities that may affect health in Kuwait". Medical Principles and Practice. 7:33-46
52. Zoran Radovanovic, **Nasra M. Shah**, and Jaafar Behbehani. (1998). "On the reliability of assessing consanguinity in a highly fertile population: A Kuwaiti example". The Kuwait Medical Journal. 30(3): 201-205.
53. **Nasra M. Shah**, Makhdoom A. Shah, and Zoran Radovanovic, (1998). "Desired fertility and contraceptive use in Kuwait". International Family Planning Perspectives. Vol. 24, NO. 3: 133-137.
54. **Nasra M. Shah** and Indu Menon. (1997) "Violence Against Women Migrant Workers: Issues, Data and Partial Solutions". Asian and Pacific Migration Journal, Vol. 6, No. 1: 5-30
55. Makhdoom A. Shah, Margret Amatyakul and **Nasra M. Shah**. (1997). "Emergency Services Being Used as Out-patient Facilities: An Analysis of Reasons for Visit and Follow-up Practices." The Journal of Kuwait Medical Association, Vol. 29, No. 1: 102-107.
56. **Nasra M. Shah** and Abdul Aziz Khalaf. (1996). "Do birth and death notifications cover all events that occur in Kuwait hospitals?" The Journal of Kuwait Medical Association, Vol. 28, No. 4: 472-475
57. **Nasra M. Shah**, Makhdoom A. Shah and Jaafar Behbehani (1996). "Ethnicity, Nationality and Health Care Accessibility in Kuwait: A Study of Hospital Emergency Room Users". Health Policy and Planning. Vol. 11, No. 3: 319-328
58. **Nasra M. Shah**, Ali Al-Sayed, Said Al-Othman, Makhdoom A. Shah, Suad Haider (1996) "Quality of Birth Notifications: Intervention Based Improvements in Maternity Hospital, Kuwait". Medical Principles and Practice. Vol.5, No. 3: 121-128.
59. **Nasra M. Shah**, Makhdoom A. Shah and Jaafar Behbehani (1996). "Predictors of Non-urgent Utilization of Hospital Emergency Services in Kuwait". Social Science and Medicine. Vol. 42, No. 9: 1313-1323
60. **Nasra M. Shah**. (1995) "Emigration Dynamics from and within South Asia". International Migration. Vol. 33, No. 3/4: 559-625

61. Makhdoom A. Shah, **Nasra M. Shah**, and Jaafar Behbehani (1995). "Patient Perceptions of Health and Emergency Room Utilization Before and After the Iraqi Occupation of Kuwait" Medical Principles and Practice, Vol. 4: 135-146.
62. **Nasra M. Shah**. (1995). "Structural Changes in the Receiving Country and Future Labor Migration - the Case of Kuwait". International Migration Review. Vol. 29, No. 4: 1000-1022.
63. Khalida Al-Gallaf, Hanan Al-Wazzan, Hind Al-Namash, **Nasra M. Shah** and Jaafar Behbehani (1995). "Ethnic Differences in Contraceptive Use in Kuwait: A Clinic-Based Study" Social Science and Medicine. Vol. 41, No. 7: 1023-1031
64. **Nasra M. Shah**. (1994). "An Overview of Present and Future Emigration Dynamics in South Asia". International Migration. Vol. 32, No. 2: 217-268
65. **Nasra M. Shah** and Makhdoom A. Shah. (1994). "Migration and Urbanization: A Glimpse of the Gulf". Urban Age. Spring 1994: 10-11
66. **Nasra M. Shah** and Makhdoom A. Shah. (1994). "Excessive Utilization of Hospital Emergency Services in Pre-occupation Kuwait: Trends and Differentials". Medical Principles and Practice. Vol. 3, No.3: 131-140.
67. **Nasra M. Shah**, Makhdoom A. Shah and Ali M. Al-Sayed. (1994). "Quality of Birth and Death Notifications in Kuwait". Medical Principles and Practice. Vol. 3, No. 2: 102-114
68. **Nasra M. Shah**. (1994). "Arab Labor Migration: A Review of Trends and Issues". International Migration. Vol. 32, No. 1:3-29.
69. J.S. Dawood, **Nasra M. Shah**, R.A. Al-Owaish, and M. W. Kurdaman. (1993). "Physician's definition of hypertension in Kuwait." The Journal of the Kuwait Medical Association, October, 1993, Vol. 25: 58-65.
70. **Nasra M. Shah**, Ali M. Al-Sayed and Makhdoom A. Shah. (1992). "Completeness and Reliability of Birth and Death Notifications in Kuwait". Technical Papers of the International Institute of Vital Registration and Statistics, Bethesda, Maryland. Number 49. March, 1992.
71. **Nasra M. Shah**, Sulayman S. Al-Qudsi and Makhdoom A. Shah. (1991)."Asian Women Workers in Kuwait." International Migration Review. Vol. 25, No. 3: 464-486.
72. Sulayman S. Al-Qudsi and **Nasra M. Shah**. (1991)."Relative Economic Progress of Migrant Workers in Kuwait." International Migration Review. Vol. 25, No. 1:141-166.
73. **Nasra M. Shah** and M. A. Shah (1990)."Socioeconomic and Health Care Determinants of Child Survival in Kuwait." Journal of Biosocial Science, Vol. 22: 239-253.

74. Makhdoom A. Shah, **Nasra M. Shah** and Maha Yunis (1990). "Allied Health Manpower in Kuwait: Issues and Answers". Journal of Allied Health. Spring 1990: 117-131.
75. **Nasra M. Shah** and Sulayman S. Al-Qudsi. (1989). "The Changing Characteristics of Migrant Workers in Kuwait." International Journal of Middle East Studies, Vol. 21: 31-55.
76. Makhdoom A. Shah and **Nasra M. Shah**. (1987). "Mortality Transition in Kuwait: the Role of Health and Development Policies". International Journal of Health Planning and Management. Vol. 2: 183-200.
77. **Nasra M. Shah**. (1986). "Changes in Female Role in Pakistan: Are the Volume and Pace Adequate." The Pakistan Development Review. Vol. 25, No. 3: 339-363.
78. **Nasra M. Shah**. (1986). "Migrant workers in Kuwait: Implications for the Kuwaiti Labour Force" International Migration Review, Vol. 20, No. 4: 815-832.
79. **Nasra M. Shah** and Samir M.Kamel. (1985). "Contraceptive use Among Women in Kuwait" International Family Planning Perspectives. Vol. 11, No. 4: 108-112.
80. **Nasra M. Shah**. (1985). "Trends in the Four Major Causes of Infant and Child Deaths: Kuwait 1975-1983." The Journal of the Kuwait Medical Association Vol. 19, No. 4: 251-267.
81. Fred Arnold and **Nasra M. Shah**. (1984). "Asian Labor Migration to the Middle East." International Migration Review. Vol. 18, No. 2: 294-318.
82. Linda Martin, James Trussell, F.R. Salvail and **Nasra M. Shah**. (1983). "Covariates of Child Mortality in the Philippines, Indonesia, and Pakistan: An Analysis Based on Hazard Models". Population Studies, Vol. 37, No.3: 417-432.
83. **Nasra M. Shah**. (1983). "Pakistani Workers in the Middle East: Volume, Trends, and Consequences." International Migration Review, Vol. 17, No. 3: 410-424.
84. **Nasra M. Shah** and Mehtab Karim. (1982). "Migration, Urban Growth and Development: Pakistan's Experience". Asian and Pacific Census Forum, Honolulu, Vol. 9, No. 2 November.
85. **Nasra M. Shah** and Tauseef Ahmed. (1982). "The Unmet Need for Contraception in Pakistan: A Review of Program Targets." International Family Planning Perspectives, Vol. 8, No 1: 33-39
86. Warren C. Robinson, Makhdoom A. Shah and **Nasra M. Shah**. (1981). "The Family Planning program in Pakistan: What Went Wrong?" International Family Planning Perspectives, Vol. 7, No. 3: 85-92.

87. **Nasra M. Shah** and Peter C. Smith. (1981). "Non-Familial Roles of Women and Fertility: Pakistan and the Philippines Compared", Honolulu, Papers of the East-West Centre, No.73.
88. **Nasra M. Shah** and Elizabeth Q. Bulatao. (1981). "Purdah and Family Planning in Pakistan," International Family Planning Perspectives, Vol.7, No. 1: 32-37.
89. **Nasra M. Shah**. (1979). "Past and current contraceptive use in Pakistan". Studies in Family Planning. Vol. 10, No. 5: 164-173
90. **Nasra M. Shah** and James A. Palmore. (1979). "Desired Family size and Contraceptive Use in Pakistan," International Family Planning Perspectives, Vol. 5, No. 4: 143-150.
91. **Nasra M. Shah** and S. Firasat A. Qazi. (1977). "Attitudes, Contraceptive practice and Children Ever-Born Among Currently Married Women Exposed to Different Types of Communication Media, Pakistan", Pakistan Development Review, Vol. XVI, No. 4, Winter: 405-423
92. **Nasra M. Shah**, Nasreen Abbasi and Iqbal Alam. (1976). "Interdistrict and Interprovincial Differentials in the Correlates of Female Labour Force participation, Pakistan, 1961", Pakistan Development Review, Vol. XV, No. 4: 424-445.
93. **Nasra M. Shah**. (1975). "Work participation of Currently Married Women in Pakistan: Influence of Socio-economic and Demographic Factors", Pakistan Development Review, Vol. XIV, No. 4: 469-492.
94. **Nasra M. Shah**. (1975). "Female Labour Force Participation and Fertility Desires in Pakistan: An Empirical Investigation", Pakistan Development Review, Vol. XIV, No. 2: 185-206.
95. **Nasra M. Shah**. (1974). "Role of Interspousal Communication in Adoption of Family Planning Methods: A Couple Approach", Pakistan Development Review, Vol. XIII, No. 4: 452-469.
96. Jameela Naeem and **Nasra Mahboob**. (1969). "A Study of the Characteristics of Migrants in Lulliani", Pakistan Journal of Family Planning. Vol. 3, No. 2, July.

B2) Book Chapters

1. **Nasra M. Shah** & Memoona Qazi (*Forthcoming*) "*Most Favored Destination for Pakistani Migrants, Saudi Arabia: Trends, Patterns and Issues*". (**Accepted book chapter** by King Faisal Centre for Research and Islamic Studies, Riyadh, Saudi Arabia. THE BOOK IS UNDER PUBLICATION under the editorship of Fahad Al-Sharif;

entitled Labor Migration Patterns in Saudi Arabia: Challenges and Opportunities for Vision 2030, to be published by I.B. Tourism, UK)

2. **Nasra M. Shah** & Memoona Qazi (*Forthcoming*) “*Some Reflections on Future Labor Migration from Pakistan to the Gulf Countries*”. (**Accepted book chapter**. Forthcoming in book entitled “The Future of Migration to GCC countries: Migrants’ Aspirations, Labor Reforms and Politics”, Edited by Francoise De Bel-Air and Nasra M. Shah, 2025. Under publication by Springer).
3. **Nasra M. Shah** & Memoona Qazi (*Forthcoming*). Chapter entitled “PAKISTAN” by in book entitled “Global Migration Patterns: Understanding Complex Migration Dynamics and Drivers” edited by Ashika Niraula, Anna Triandafyllidou, Luisa Veronis, and Daniela Ghio (Under publication in IMISCOE Research Series by Springer. (Accepted; revised 2nd draft submitted. Expected publication before end of this year).
4. **Nasra M. Shah** and Lubna Alkazi (*Forthcoming*). “What Sustains Irregular Migration in the Gulf Countries?” In *Handbook on Migration in Asia* Edited by Nana Oishi, Marla Asis and Binod Khadria (Edward Elgar Publishing)
5. **Nasra M. Shah** and Maham Hameed (2021) “Beyond oil prices: Noneconomic factors in post-Covid-19 migration to the Gulf” In Nasra M. Shah (ed.) *Covid-19 Crisis and Asian Migration*, Lahore School of Economics
6. **Nasra M. Shah** and Samar Quddus (2024) “Women’s decision-making autonomy in migrant versus nonmigrant households in Pakistan: Some insights for social remittances research”. In Nasra M. Shah (ed) *Social Remittances and Social Change: Focus on Asian and the Middle East*. Lahore School of Economics
7. **Nasra M. Shah**, Lubna Al-Kazi and Abrar Husain, (2018). “Gender Issues, Changing Roles, and Migration: A Review of the Gulf Countries” in Mehdi Chowdhury and Sebastian Irudaya Rajan (eds) *South Asian Migration in the Gulf*. Palgrave Macmillan
8. **Nasra M. Shah** (2017). “Pakistani Diaspora in the Gulf”. In Rashid Amjad (ed). The Pakistani Diaspora: Corridors of Opportunity and Uncertainty. Lahore School of Economics, Lahore
9. **Nasra M. Shah** and Lubna Al-Kazi (2017). “Irregular migration to, and within, Kuwait: Enabling and Sustaining Factors”, in P. Fargues and N.M. Shah (eds) *Skillful Survivals: Irregular Migration to the Gulf*, Gulf Research Center.
10. **Nasra M. Shah** (2017). “Introduction”, in Philippe Fargues and Nasra M. Shah (eds) *Skillful Survivals: Irregular Migration to the Gulf*, Gulf Research Center.

11. **Nasra M. Shah** (2010). "Building state capacities for managing contract worker mobility: the Asia-GCC context" in International Organization for Migration's World Migration Report, 2010 on "The future of migration: Building capacities for change" On IOM website (www.iom.int)
12. **Nasra M. Shah** and Anita Suresh (2010). "A case study of migration trends and patterns in Kuwait: the socio-demographic, economic, legal, political, and human rights context" (Forthcoming in volume under preparation by American University at Cairo, Centre for Migration and Refugee Studies).
13. Martin Godfrey, Martin Ruhs, **Nasra Shah** and Monica Smith (2004). "Migrant domestic workers in Kuwait: Findings based on a field survey and additional research". In Simel Esim and Monica Smith (eds.) Gender and Migration in Arab States: The Case of Domestic Workers.
14. **Nasra M. Shah** (2004). "Arab Migration Patterns in the Gulf". In International Organization for Migration and League of Arab States (eds.) Arab Migration in a Globalized World, International Organization for Migration.
15. **Nasra M. Shah**. (2002). "International Migration in the Mediterranean Basin and the Middle East". In Smelser N.J. and Baltes P.B.(eds.) International Encyclopedia of the Social & Behavioral Sciences, Elsevier Science, UK.
16. **Nasra M. Shah** and Larkin M. A. (2000). "The Middle East and South Asia". In International Organization of Migration, World Migration Report 2000. Co published by the International Organization for Migration and United Nations. 105-131.
17. **Nasra M. Shah**. (1998). "Emigration Dynamics in South Asia: An Overview". In Appleyard R. (ed.) Emigration Dynamics in Developing Countries, South Asia. Ashgate Publishers. Hampshire, UK. : 17-29
18. **Nasra M. Shah**. (1998). "The role of Networks in Migration to Kuwait Among South Asian Males". In Appleyard R. (ed.) Emigration Dynamics in Developing Countries, South Asia. Ashgate Publishers. Hampshire, UK. : 30-70
19. **Nasra M. Shah** and Syed Mubashir Ali. (1992). "Knowledge and Use of Family Planning". Pakistan Demographic and Health Survey, 1990/1991. National Institute of Population Studies, Islamabad and IRD/Macro, Washington.
20. **Nasra M. Shah** and Fred Arnold. (1990)."Pakistan." In William J. Serow et al. (eds.) Handbook on International Migration. New York: Greenwood Press: 265-285.

21. **Nasra M. Shah** and Sulayman S. AlQudsi. (1990). "Female Work Roles in a Traditional Oil Economy: Kuwait". Research in Human Capital and Development. Vol 6: 213-246.
22. **Nasra M. Shah** and Fred Arnold. (1986). "Government policies and programs for regulating labor migration to the Middle East." In Asian Labor Migration: Pipeline to the Middle East, Colorado, Westview press: 65-80.
23. **Nasra M. Shah** and Makhdoom A. Shah (1984). "From Non-use to Use: Prospects of Contraceptive Adoption." In Alam, Iqbal and Betzy Dinesen (eds.) Fertility in Pakistan: A Review of Findings from the Pakistan Fertility Survey. Voorburg, Netherlands: International Statistical Institute: 149-162.
24. **Nasra M. Shah** (1984). "The Female Migrant in Pakistan." In Fawcett, James T., Siew-Ean Khoo, and Peter C. Smith (eds.) Women in the Cities of Asia: Migration and Urban Adaptation. Boulder, Colorado: Westview Press: 108-124.
25. **Nasra M. Shah** and Peter C. Smith. (1984). "Migrant Women at Work in Asia." In Fawcett, James T. Siew-Ean Khoo and Peter C. Smith (eds.) Women in the Cities of Asia: Migration and Urban Adaptation. Boulder, Colorado: Westview Press: 297-322.
26. **Nasra M. Shah**. (1982). "Pakistan: A Country Profile," In John A. Ross (Ed.) International Encyclopaedia of Population. New York, The Free Press: 507-512.
27. **Nasra M. Shah** and Makhdoom A. Shah. (1980). "Trends and Structure of Female Labour Force Participation in Rural and Urban Pakistan," In Alfred de Souza (Ed.), Women in Contemporary India and South Asia, Indian Social Institute, New Delhi, Monohar publications, : 95-123.

B3) Articles in Conference Proceedings/Other

1. **Nasra M. Shah**. (February 2023). "Five Decades of Semi- and Unskilled Labour Migration from Pakistan". Gulf Labour Markets and Migration Factsheet, No. 3.
2. **Nasra M. Shah**. (2009). "Trends and policies for contract worker mobility of Asians to the Gulf Cooperation Council countries" Published in proceedings of the XVI Conference of the International Union for the Scientific Study of Population for the meeting held in Marrakech, Morocco, September 27-October 2, 2009. (For Session 603 on "International Migration")
3. **Nasra M. Shah** (March 2009). "The management of irregular migration and its consequences for development: Gulf Cooperation Council". ILO Asian Regional Programme on Governance of Labour Migration, Working paper number 19

4. **Nasra M. Shah** (January 2008). "Recent labor immigration policies in the oil-rich Gulf: How effective are they likely to be?". ILO Asian Regional Programme on Governance of Labour Migration, Working paper number 3
5. **Nasra M. Shah** (2007). "Migration to Kuwait: Trends, Patterns and Policies". Presented at Migrant and Refugee Movements in the Middle East and North Africa meeting held at American University in Cairo, October 23-25, 2007 (on AUC website)
6. **Nasra M. Shah** (2006). "Restrictive Labor Immigration Policies in the Oil-Rich Gulf: Effectiveness and Implications for Sending Countries", published in proceedings of United Nations Expert Group Meeting on International Migration and Development in the Arab Region: Challenges and Opportunities. Beirut, May 15-17, 2006 (UN/POP/EGM/2006/3)
7. **Nasra M. Shah**, (2005). Restrictive labor immigration policies in the oil-rich Gulf: Implications for sending Asian countries. Published in the Proceedings of the XXV International Population Conference.
8. **Nasra M. Shah** (2004). "Arab Migration Patterns in the Gulf". In International Organization for Migration and League of Arab States (eds.) Arab Migration in a Globalized World, International Organization for Migration.
9. **Nasra M. Shah** (1996). "Social Integration of South Asian Male Workers in Kuwait: The Role of Networks". Proceedings of the Arab Regional Conference, IUSSP, Cairo, December 1996
10. **Nasra M. Shah**. (1994). Migration between Asian countries and its likely future". Prepared for the UNFPA Expert Group meeting on Population Distribution and Migration, held at Santa Cruz, Bolivia, January 18-22, 1993. Being published as part of the preparatory documents of the 1994 ICPD.
11. **Nasra M. Shah**. (1986). "The Transition in Female Status in Kuwait: Issues and Likely impacts." Cairo Demographic Centre. Special Issue on Population and Development Symposium 1985, Research Monograph series No. 14: 269-288.
12. **Nasra M. Shah** and Fred Arnold. (1985). "The Non-economic Consequences of Asian Labor Migration to the Middle East." In IUSSP, Proceedings of the International Population Conference, Florence, June 5-12, Vol. 3: 43-56.
13. Makhdoom A. Shah, Jonathan S. Raymond and **Nasra M. Shah**. (1984). "Health Behaviour, Attitudes and Beliefs in a Rural Area in Punjab province, Pakistan: A Case Study of Routine Incongruity". Proceedings of the International Symposium on Public Health in Asia and the Pacific Basin, March 7-11, 1983. Honolulu, University of Hawaii.

14. **Nasra M. Shah.** (1978). "Female Participation in Selected Occupations within the Organized Sector: Pakistan," In ILO Regional Seminar on Status and Role of Women in the Organized Sector: Report and Background Papers.
15. **Nasra M. Shah,** Makhdoom A. Shah and Tauseef Ahmed. (1977). "Labour Force, Employment and Unemployment Statistics in Pakistan," Manpower Institute, Manpower and Employment Statistics in Pakistan, Islamabad, May: 100-123.
16. Makhdoom A. Shah and **Nasra M. Shah.** (1977). "Population and Demographic Statistics for Manpower Planning in Pakistan," Pakistan Manpower Institute, Manpower and Employment Statistics in Pakistan, Islamabad, May, pp 52-74

B4) Unpublished invited/ Consultancy papers

1. **Nasra M. Shah** (2014). "Assessing recruitment costs in Kuwait among low-skilled expatriate workers from four countries." Draft prepared for the World Bank Knomad project, May 2014
2. **Nasra M. Shah** (2008). "Irregular migration and some negative consequences for development: Asia-GCC context". Paper prepared for the second meeting of the Global Forum on Migration and Development held in Manila, Philippines in October 27-30, 2008 (Roundtable 2, session 2.2 on "Managing migration and minimizing the negative impacts of irregular migration")
3. **Nasra M. Shah** (2008) "Asian contract workers in the gulf cooperation council countries: Trends and policies". Background paper prepared as consultant for the International Organization of Migration for the Ministerial Consultation on Overseas Employment and Contractual Labour for Countries of Origin and Destination in Asia "Abu Dhabi Dialogue" held at Abu Dhabi, 21-22 January 2008.
4. **Nasra M. Shah** (2007). "Recent Labor Immigration Policies in the Oil-Rich Gulf: Some Difficulties in Effective Implementation" Presented at the Regional Symposium on Population and Foreign Workers in Arab Gulf States: Towards Common Strategy, Doha April 17-19, 2007

B5) Recent Conference Papers and Presentations

1. **Nasra M. Shah** and Samar Quddus "Women's Decision-Making Autonomy in Migrant vs. Non-migrant Households in Pakistan: Some Insights for Social Remittance Research". Presented at the International Conference on Social Remittances and Social Change: Links between Home and Host Countries, Lahore School of Economics. Lahore, Pakistan, February 21 – 22, 2023

2. **Nasra M. Shah** “Emigration Policies of Major Asian Countries Sending Temporary Labor Migrants to The Gulf”. Presented at the 2017 Gulf Research Meeting, Cambridge University, Cambridge, UK, Workshop number 11.
3. **Nasra M. Shah** and Lubna Al-Kazi “Irregular migration to, and within, Kuwait: Enabling and Sustaining Factors”, Presented at the 2015 Gulf Research Meeting, Cambridge University, Cambridge, UK, Workshop number 4.
4. **Nasra M. Shah** “Pakistan diaspora in the Gulf” Presented at the International Conference on “The Pakistani Diapsora: Strengthening Linkages between Host and Home Countries” organized by the Center of International Migration, Remittances and the Diaspora (CIMRAD) at the Lahore School of Economics, February 16-17, 2016
5. **Nasra M. Shah.** “Is Kuwait home or a stepping stone to elsewhere?” Presented at Rahmania Seminar (organized by Princeton University and Al-Sudairi Foundation), Al-Ghat, Saudi Arabia, January 3-5, 2015
6. **Nasra M. Shah.** “Knomad Recruitment Costs Survey in Kuwait”. Presented at World Bank Knomad / International Labor Organization Workshop on Measuring Migration Costs for Low-Skilled Migrant Workers, 28-29 March 2014, Pattaya, Thailand

WORKSHOPS ORGANIZED AT CAMBRIDGE UNIVERSITY, UK

1. Co-organized 5 workshops on different migration related topics with Philippe Fargues, held at Cambridge University, UK from 2010-2015. Another workshop on “Social Remittances and Social Change” is scheduled for Gulf Research Meeting 2020 in July.

BOOK REVIEWS

1. **Nasra M. Shah** (2005). *Islam, the State and Population*. By Gavin W. Jones and Mehtab S. Karim (editors), London: C.Hurst and Co (Prepared at the request of Editor), Journal of Population Research, Vol. 22, No. 2, 2005
2. **Nasra M. Shah.** (2001) *Nationals and Expatriates: Population and Labour Dilemmas of the Gulf Cooperation Council States*. By Andrzej Kapiszweski. Reading, UK: Garnett Publishing Ltd., Ithaca Press, 2001 (Prepared at the request of Editor), International Migration
3. **Nasra M. Shah.** (1999). *A Glimpse through Purdah: Asian Women- Myth and Reality*. By Sitara Khan. Stoke-on-Trent, UK: Trentham Books Ltd, 1999, pp. 150 (Prepared at the request of Editor), Asian and Pacific Migration Review, Vol. 8, No. 3, 1999
4. **Nasra M. Shah.** (1998). *Walls Built on Sand: Migration, Exclusion, and Society in Kuwait*. By Anh Nga Longva. Boulder, Colorado: Westview Press, 1997, pp. 266 (Prepared at the request of Editor), International Migration Review, Vol. 32, no. 2, pp.496-497.

SELECTED FELLOWSHIPS, AWARDS, DISTINCTIONS

1. Best teacher award from the Kuwait Medical Student Association 2002-2003
2. Best undergraduate poster award, 1999
3. Invited as a Faculty member to the Salzburg Seminar, July 8-15, 1995 on "Involuntary Migration"
4. Research Fellow with the East-West Population Institute, Honolulu Hawaii (U.S.A.), from July 1978 to December 1983.
5. Honorary Professor in Research Methods in the Department of Pakistan Studies, Quaid-e-Azam University, Islamabad, Pakistan, 1975.
6. Academic Fellowship, Population Council, U.S.A. 1971-1974.
7. Academic Fellowship, Pathfinder Fund, U.S.A. 1970-1971.
8. Teaching Assistantship, University of Saskatchewan, Canada, 1969-1970.
9. Won gold medal for securing the first position in Sociology, University of the Punjab, Pakistan 1967.

RESEARCH GRANTS AWARDED

Principal Investigator

1. Grants from the Open Society Foundation (New York), and the Swiss Development Corporation for establishing a data base (gulfmigration.eu) and conducting research of migration to the Gulf region, 2013-present (together with Philippe Fargues and Imco Brouwer, at European University, Florence and Gulf Research Center, Geneva) (USD 540,000)
2. Supreme Council for Planning and Development, Kuwait, through UNDP, Kuwait, for study the "Fertility levels, trends and patterns of Kuwaiti women". November 1, 2017-present (together with Philippe Fargues and Imco Brouwer, European University, Florence and Gulf Research Center, Geneva) (USD 298,000).
3. London School of Economics (Kuwait Programme) on "2nd generation non-nationals in Kuwait: Achievements, Aspirations and Plans"; March 2012-February 2013 (KD 4,500)
4. The Kuwait Foundation for the Advancement of Sciences (KFAS 2003-1302-02) on "Psychosocial health status, disability, and networks of social support among older Kuwaiti men and women" June 2004-June 2008; (KD 28,004)
5. The Kuwait Foundation for the Advancement of Sciences (KFAS 96-07-15) on "Trends, patterns, and predictors of fertility of Kuwaiti women" April 1998/ April 2000; (KD 20,440)

6. Kuwait University (MC 045) on "Assessing socioeconomic risk factors in stillbirths, neonatal, and postneonatal infant mortality in Kuwait hospitals: A case-control study" Sept. 1997/Aug. 1999; (KD 5,940)
7. International Organization for Migration and United Nations Fund for Population Activities for a study on "The role of social networks in migration to Kuwait: A study of South Asian migrants in district Jaleeb Shayookh," 1995/96; (US \$ 16,800)
8. Kuwait University (MC034); for a study on "Proximate determinants of infant mortality and morbidity in Kuwait", 1993-95; (K.D. 6,100)
9. Kuwait University for study on "Proximate determinants of infant Mortality and Morbidity in Kuwait." 1988-89; (KD 2,000).
10. The Health Research Department, Ministry of Public Health, for a study on "Correlates of Fertility and Population Growth in Kuwait." 1984-85 (Space and resources only).
11. The Ford Foundation, New York, to organize the Conference on "Asian Labor Migration to the Middle East" in September, 1983, East-West Centre, Hawaii, USA (US \$ 35,00).
12. International Development Research Centre, Ottawa, Canada, for a study on "Identifying and Meeting Basic Needs of Low Income Women in Pakistan." East-West Centre, Hawaii, USA, January 1982 - June 1983 (US \$ 60,000).
13. United States Agency for International Development Washington D.C., for the study on "Pakistani Women: A Socioeconomic and Demographic Profile," East-West Centre, Hawaii, USA, 1980-1981 (US \$ 52,000).

Co-investigator

1. The KFAS (91-07-02) for "Biopsychosocial health problems in the population of Kuwait after the war", 1997-2000 (KD 64,200).
2. Kuwait University (MC 038) for "Consanguinity and its impact upon health in two governorates of Kuwait," 1995-1996; (KD 5,720)
3. Kuwait University (MC 041) for "Consanguinity and its impact upon health in two governorates of Kuwait: a follow up study," 1997-1998 (KD 5,980)
4. Kuwait University (MH 016); for a study on "Utilization of Hospital Emergency Services in Post Liberation Kuwait", 1993-94 (KD 6,200)

REFeree FOR JOURNALS (various years)

1. International Migration Review

2. International Migration
3. International Journal of Middle East Studies
4. International Perspectives on Sexual and Reproductive Health
5. European Journal of Contraception
6. Medical Principles and Practice
7. Canadian Studies in Population
8. Asian and Pacific Population Forum
9. Pakistan Development Review
10. Asian and Pacific Migration Journal
11. Comparative Migration Studies
12. Work in the Global Economy
13. Migration Studies
14. Migration and Development

EDITORIAL POSITIONS (various years)

1. Member, International Advisory Board, World Migration Report, IOM
2. Member, Editorial Board, International Migration
3. Member, Editorial Board, Asian and Pacific Migration Review
4. Member, Editorial Board, Migration and Development
5. Member, Editorial Board, International Perspectives on Sexual and Reproductive Health
6. Member, Editorial Board, Pakistan Development Review

OTHER RECENT CONSULTANCIES (papers, projects, or positions)

1. UN International Labour Organization, Member of Policy Advisory Committee for FAIRWAY project, 2016- present
2. World Bank consultant for the KNOMAD program, for measuring recruitment costs for migrants in sending South Asian countries, January-June, 2014.
3. Consultant for Federal Demographic Council, UAE, for the Project on “2nd generation migrants and social integration,” March 2013-2016.
4. Country correspondent for Pakistan for the INTERACT project of the Migration Policy Center, Florence, Italy, 2013.
5. American University Cairo, Centre for Migration and Refugee Studies, to prepare a Case Study on Migration to Kuwait, from June 2009-May 2010.
6. International Organization for Migration (IOM) for preparing a major background paper for a Ministerial meeting held in Abu Dhabi as part of the Colombo process dialogue on migration from Asia to the Gulf countries, November, 2007 to January 2008.

7. Consultancies to contribute to Expert Group Meetings for Arab League, ESCWA, IOM, UN Population Division and other organizations, various years.
8. International Labour Organisation for supervising and contributing to the Survey of Non-Kuwaiti workers in Kuwait, March 2001-December 2001.
9. International Organisation for Migration for chairing a research group on South Asia on “Emigration Dynamics in Developing Countries”, 1993-1997
10. UN Population Division, ESCAP, Bangkok January-March, 1995

FACULTY/DEPARTMENTAL POSITIONS

At Lahore School of Economics

Coordinator, Center on International Migration, Lahore School of Economics, 2019-

At Kuwait University

Faculty

Member and Secretary of Faculty Promotion Committee, 2004-2008

Member, Examination Committee for Phase II, Year 1, 2010-2017

Member of the Medical Research Committee for reviewing research proposals, September 1996-2001

Department (various years)

Chairperson, Child Life Diploma Committee

Chairperson, Electives Committee

Chairperson, Examination Committee for Behavioural Sciences and Communication Skills

Member, Recruitment and Appointments Committee (Academic staff)

Member, Space Committee

Member, Examination Committee on Introduction to Computers

Course Coordinator of the Behavioral Sciences course, September 1994-2003

MEMBERSHIP IN PROFESSIONAL SOCIETIES

1. International Union for the Scientific Study of Population.
2. Population Association of America.
3. Middle East Studies Association of North America
4. International Sociological Association (Committee on Migration).
5. Asian Forum for Development and Population Studies.
6. The Pakistan Society of Development Economics, PIDE, Islamabad.

7. Population Association of Pakistan (life member)

TEACHING EXPERIENCE

At Lahore School of Economics (2018-present)

1. Course on Population, Migration and Development for M.Phil students (about 60 % of the course)
2. Course on Research Methods (about 1/3 of the course)

At Kuwait University (From 1988- 2018)

1. Medical Demography for second year medical students
2. Medical Sociology for second year medical students
3. Data Quality and Population Issues for 5th year medical students
4. Health Care Delivery system for 5th year medical students
5. Tutoring of 5th year research projects for medical students
6. Socio-Demographics of Public Health, for Masters of Public Health students, 2014-2018
7. Race, Ethnicity and Health, Elective course for Masters of Public Health students, 2017-18

PROJECT SUPERVISION

Tutor for 5th and 6th Year medical students projects, Kuwait University, 1991-2018

Project Titles:

1. Patient satisfaction in Medical casualty of Mubarak Hospital
2. Reasons for non-referred utilization of medical casualties in Amiri and Adan hospitals
3. Patient satisfaction with Primary Health Care in Kuwait
4. Initiation and regularity of prenatal care.
5. Attitude and behaviour regarding blood donation in Kuwait.
6. Knowledge and attitudes of infertile women towards In Vitro Fertilization.
7. Knowledge of, attitude towards, and utilisation of premarital counselling and testing services in Kuwait.
8. Smoking among adult Kuwaiti males. - Co-Tutor
9. Socioeconomic & behavioural factors in weight gain during pregnancy
10. Study of consanguinity among students of KU and their families
11. Descriptive epidemiology of spontaneous abortion in a defined population in Kuwait
12. Risk factors for low birth weight
13. Mother's awareness and practice regarding nutritional needs of infants

14. Child disciplining: Attitudes of Kuwait parents (published in "Child abuse and neglect")
15. Pre menstrual syndrome (PMS) among Kuwaiti women
16. Attitudes of government employees toward payment for health insurance fees
17. Reasons for non-use, use, and discontinuation of oral contraceptive pill
18. Physicians' attitudes and counselling practices concerning reproductive health issues
19. Physicians' attitudes towards euthanasia in Kuwait (published in Medical Principles and Practice)
20. Abuse of ever married women in Kuwait: attitudes and experience
21. Quality of life of female rheumatoid arthritis patients in Kuwait
22. Over-the-counter drug use among Kuwaiti employees in Ministries complex in Kuwait
23. Knowledge of risk factors and compliance among cardiovascular patients in Kuwait
24. The knowledge and attitudes of male high school students in the capital governorate towards drug use
25. Job satisfaction and stress among nurses in Kuwait
26. Contraception decision making among Kuwaiti women
27. Experience of patients using fixed orthodontic appliances in Kuwait
28. Gender differences in self-reported compliance to antihypertensive treatment among Kuwaitis
29. Prevalence and patterns of breast-feeding: Comparison of urban and rural Kuwaiti mothers
30. Violence against doctors in casualty departments in general hospitals
31. Quality of life of kidney transplantation recipients in comparison to patients on the waiting list
32. Bottle sterilization and baby's health
33. Health profile of Kuwaiti women aged 50 and above
34. Physical activity among adult Kuwaiti diabetic patients in Capital and Jahra governorates
35. Perceived impact of premenstrual syndrome among Kuwait University students
36. Patient satisfaction in medical emergency room: comparison between two general hospitals
37. Sleep patterns and disturbances amongst the government employees in Kuwait
38. Patients' perception of hygiene among surgery inpatients at Kuwait's general hospitals
39. The reported experience of child abuse among Kuwait University freshmen
40. Acne in High School female students: association with social, psychological and academic life
41. The practice of routine screening tests among Kuwaiti males aged forty and above
42. Association of consanguinity with miscarriage and other adverse pregnancy outcomes among Kuwaiti women: A case-control study
43. Health promoting and disease prevention behaviours among high school teachers in Kuwait
44. Preparation and experience of labour and delivery among newly delivered women in public hospitals in Kuwait
45. Knowledge, attitudes and intentions regarding organ donation in Kuwait

46. The association between violent media exposure and aggressive behaviour among Kuwaiti male adolescents
47. Sports Injuries among Male Athletes in Kuwait: Prevalence and Associated Factors
(Published in Medical Principles and Practice)
48. Dissatisfaction with Body Shape and Depression among Working Women in Kuwait
49. Prevalence and Associated Factors of Headache and Migraine among Kuwait University
50. Self-reported Prevalence and Correlates of ADHD among Kuwait University Students
51. Knowledge, Attitude and Referral Patterns among Primary Health Care Physicians
Regarding Bariatric Surgery in Kuwait
52. Anxiety, Driving Behaviour, and Road Traffic Accidents among Public Authority of Applied
Education and Training Students
53. Lifestyles, Occupational Exposures, and Quality of Life of Fire fighters in Kuwait
54. Comparison of Patient Satisfaction in Two Cardiology Centers in Kuwait
55. Planned and unplanned pregnancies among women using modern versus traditional
contraceptive methods in Kuwait
56. Cosmetic procedures among university students in Kuwait, attitudes, motives and prevalence
57. Physicians' attitudes towards different types of Euthanasia in Kuwait
58. Sports injuries, associated factors and precautionary behaviors among male amateur football
players
59. Knowledge, attitudes, and intentions among ministry workers regarding organ donation in
Kuwait
60. Factors Associated with Adverse Outcomes of Delivery in Government Hospitals in Kuwait
61. Perceived stigma regarding mental health problems among ministry employees in Kuwait

Thesis Supervisor For M.Phil Students, 2018-

1. Mahgul Niazi
2. Mariyam Arshad
3. Memoona Qazi
4. Faiqa Shah
5. Amina Ali
6. Arooba Sabah ud din
7. Wardah Haseeb
8. Aaima Asif